

# ST. NINIAN'S HIGH SCHOOL

*GIFFNOCK*



*The Holy Family*

## MORNING PRAYERS

Week commencing Monday 1 February 2010

*The prayers this week were prepared by R McFarlane of the Physics Department*

## February 1

His Holy Father selects prayer intentions, general and missionary, for each month. His missionary intention for February is that the Church, aware of its own identity, may strive to follow Christ faithfully and proclaim His Gospel to all peoples. Today we pray that we show ourselves to be followers of Christ in both our words and actions.



### Our Father...

## February 2

Today we celebrate the feast of the Presentation of the Lord. Mary and Joseph brought Jesus to the temple 40 days after he was born. Jesus was greeted by the prophets Simeon and Anna, who knew he was the Messiah.

Like Christmas, today is a feast of light. Another name for today's feast is Candlemas. We pray that we "walk always as children of the light, and keep the flame of faith alive".

### Our Father...



## February 3

By tradition, the Catholic Church dedicates each month of the year to a certain devotion. In February, it is the Holy Family, the perfect example of family life for all Christians. Today we offer a prayer on behalf of our family to the Holy Family.



*GOD our Heavenly Father,  
You call all peoples to be  
united as one family in  
worshipping You as the one true God. You willed that Your  
Son become man, giving Him a virgin mother and a foster  
father to form the Holy Family of Nazareth.*

*WE pray: may the Holy Family of Jesus, Mary and Joseph,  
image and model of every human family unit walk in the  
spirit of Nazareth and grow in the understanding of its  
particular mission in society and the Church. May our  
families be living cells of love, faithfulness and unity, thus  
reflecting God's covenant with humanity and Christ's  
redeeming love for His Church.*

## February 4

The Holy Father's general intention, this month, is for scholars and intellectuals. He asks that in the search for truth they may arrive at an understanding of the one true God.



**Our Father...**

## February 5



Our prayer today is for those who are studying, perhaps those who are undertaking exams or those who will tackle exams in the near future. We ask God that we are blessed with the

attributes required to give of our best.

*You who are the true source of life and wisdom and the Principle on which everything depends, be so kind as to infuse in my obscure intelligence a ray of your splendour that may take away the darkness of sin and ignorance.*

*Grant me keenness of understanding, ability to remember, measure and easiness of learning, discernment of what I read and rich grace with words.*

*Grant me strength to begin well my studies; guide me along the path of my efforts; give them a happy ending.*

*You who are true God and true Man, Jesus my Saviour, who lives and reigns forever.*

**Amen.**

